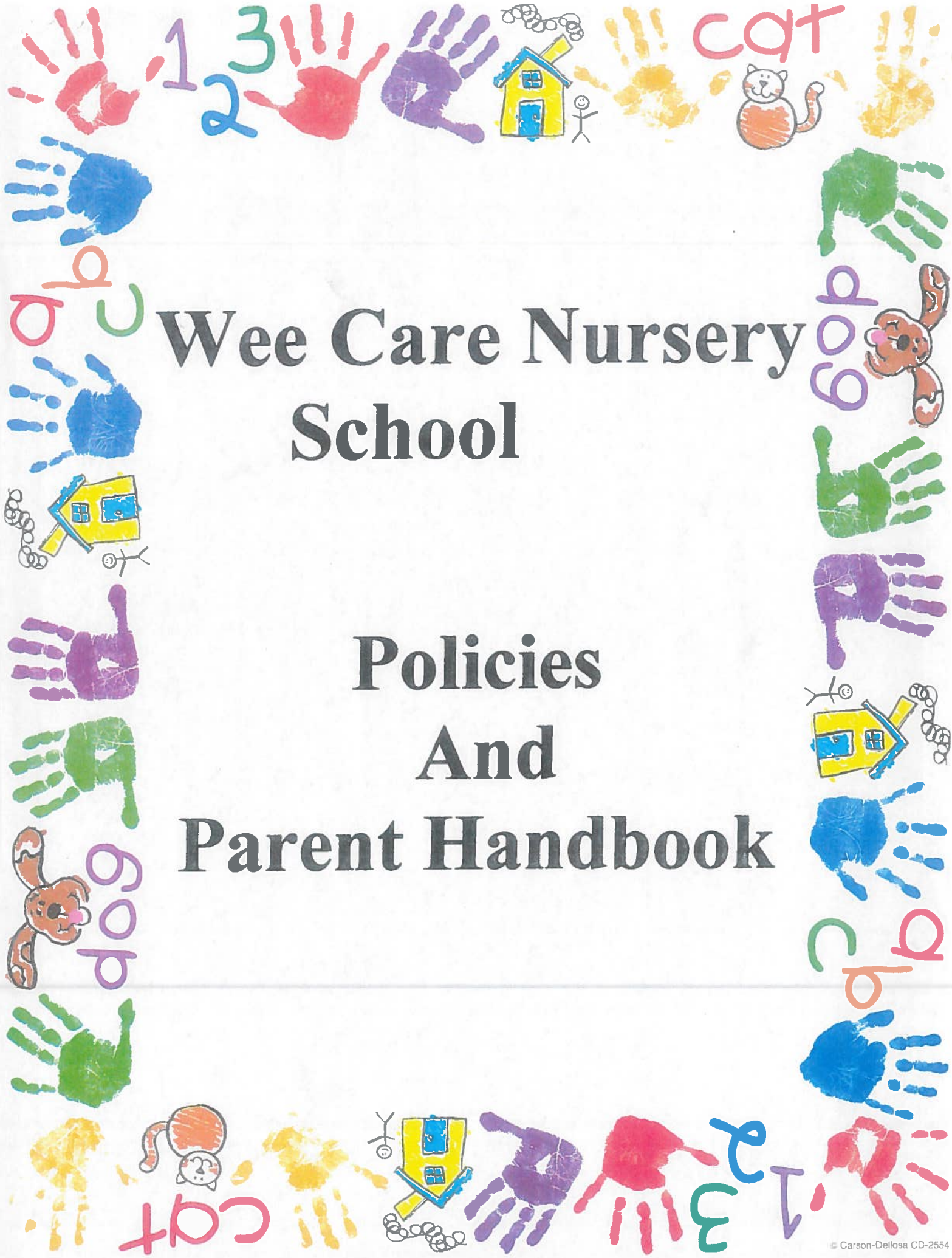


# Wee Care Nursery School

## Policies And

## Parent Handbook



Welcome to a new school year at Wee Care Nursery School And Kindergarten!!! I hope that everyone had a safe and enjoyable summer!!! I would like to take this time to give you a few reminders and guidelines about our policies and procedures.

- Wee Care is open from 7 am – 5 pm. If you have Head start hours only, your child's day is from 8:30 am – 3:30 pm (NO EXCEPTIONS!!) If you'd like for your child to come BEFORE 8:30 am. The cost is \$12.00. The cost is the same if you'd like for them to stay past 3:30 as well. If you'd like for your Head start child to come for the full day, the cost will be \$24.00. Please see me if you'd like to make arrangements for before/after Head start care.
- Please have your child here by 9:30 am each day. Breakfast is no longer served after 9:30 am.
- If you know that you will be late bringing your child to school, please give us a courtesy call. They may not be admitted if they are habitually late. If they have a doctors' appointment and cannot be here before naptime (12 pm) please keep them home.
- There is a \$15.00 late fee if your child is picked up after 5 pm. Starting at 5:01, the late fee is \$15.00. Every 15 minutes that you are not here, another \$15.00 will be added on to the late fee. We DO NOT enjoy charging a late fee. We do understand that an occasional situation may be out of your control and may cause you to be late for pick up. The cost of late fees is designed to discourage habitual tardy practices. Please DO NOT call the center at 5 pm stating that you are late. Please call us ahead of time to inform us about being late (late fees will still apply) or a change of pick up. All individuals that are sent to pick up your child who ARE NOT on the pick - up list or who are picking up your child for the first time MUST SHOW IDENTIFICATION!!!
- Co pays are due on the 1<sup>st</sup> of every month. You have a 5 day grace period before a \$50.00 late fee will be added to your tuition or co payment balance. These co payments are waived only if you have dual funding of Action For children AND Headstart and your Action For Children case is not based on part time status/days.
- Please note that we are a dual funded program, which requires payment from Action For Children and Headstart funds. Our program CAN NOT operate solely on "Headstart" funding or "Action For Children" funding. Our program is supported by BOTH funding sources. This is how we are able to offer QUALITY care for your children. If you haven't done so already, please see Ms. Atkins for information on obtaining an Action For Children application if you are currently working or in school. Dual funding is a requirement for continued enrollment in our program. Your child's daily schedule will also correspond with your working or school hours.
- Please make sure that your child has an extra change of seasonal clothes and shoes always available in their cubbies. This includes underwear, socks, pants and a shirt. They also need a

blanket for naptime. When blankets are sent home to be laundered, please return it as soon as possible, to avoid your child not having a blanket at naptime.

- Please do not send any food to our center. Your child has a balanced breakfast and lunch daily. A SMALL snack is ok, as long as it doesn't have to be refrigerated. We do not have storage space for items that children bring that may need to be refrigerated. If your child has a food intolerance, it must be documented by your child's pediatrician and a copy of the food intolerance letter must be kept in your child's file. It must be updated yearly. You must provide any meal or milk substitute for your child.
- Please check your child's mailbox and Brightwheel app daily. There may be important notices from your child's teacher or from me that require your attention.
- Please, DO NOT send your child to school sick. If they are exhibiting signs of illness such as coughing, fever, vomiting or otherwise are not feeling well, please keep them home until they are feeling better. If we have to call you or someone to come and pick up your child, they may not return if they have any of the symptoms described. If they are absent more than 3 days, they will need a return to school note from the doctor.
- Head start parents are required to attend 3 parent workshops each year. They may be on zoom or here at the school. They all start at 4 pm and last no more than an hour. Those dates and topics will be announced in the coming weeks. Please try to attend if you can.
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We hope to have a wonderful and productive school year!! Please call me if you have any questions, comments, praises or concerns!!

Melody Atkins Fonville  
Program Director

Hello parents!!

I will need a copy of your official work schedule or your official school schedule. This schedule must be on company or school letterhead or on an AFC work verification form. All schedules will be verified by our Executive Director, Ms. Purnell, and your child's schedule will be adjusted accordingly. The schedules will help Wee Care to staff the center and to have the appropriate amount of coverage through out the day for the children. Far too many children are being brought to school as soon as we open and stay until 5 pm when there isn't a true schedule from the families to support such long hours. When it is time to re determine your childcare, an official work or school schedule will be needed at that time. Please turn in all documents to me for re determining. Do not take them to Action for Children. If something needs correcting on your application and you submit it yourself, any changes to your schedule or co payment ca not be changed.

Also, if you have not signed up for Brightwheel or are having trouble with accessing signing in or out using the app, please let me know.

We will have a parent orientation/open house in August at a time to be announced soon. Please reach out to me with any questions or concerns.

Kindly,

Melody Atkins

Program Director

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# RE: SICK POLICY

Dear Parents,

In this time of a variety of contagious colds, viruses and infections, we are trying to protect our students and our staff. In an effort to do so, we HAVE to enforce our guidelines concerning children and illnesses. They are as follows:

**Your Child SHOULD NOT come to school if they are displaying the following symptoms:**

1. Vomiting (2 or more times within a 24 hr period)
2. Fever (100 degrees or more) he/she may NOT return to school until they have been fever free for 24 hours WITHOUT the use of fever reducing meds.
3. Diarrhea (2 or more watery stools) he/she may not return until stool has hardened.
4. Sore throat (with a fever or swollen glands)
5. Runny nose (inability to blow their noses to stop the leakage/unable to mask because of the constant sneezing and runny nose)
6. Persistent coughing
7. Weeping eyes, crusting in and around the eyes (consistent with conjunctivitis or "pink eye)
8. Unexplainable rash anywhere on their body.

Your child may not return to school until these symptoms have been gone for 24 hrs. and they will need a doctor's note to return to school if they have been absent for more than 3 days. We will not admit your child into the center if any of the above symptoms are present. We will call for an immediate pick up if your child displays any of the above symptoms.








Parents, our hope is that you respect our efforts and desire to keep everyone, including **YOUR** child, in a healthy and safe environment. Thank you in advance for your continued cooperation!

Kindly,

Melody Atkins,

Program Director

# I NEED TO STAY HOME IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL
						
Temperature of 100 degrees F or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching, and/or pus draining from eye	Hospital stay and/or emergency room visit

# I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free without the assistance of medication for 24 hours (i.e., Tylenol, Motrin, Advil)	Free from vomiting for 24 hours.	Free from diarrhea for 24 hours.	Free from rash, itching or fever. I have been evaluated by my doctor if needed.	Treated with appropriate lice treatment at home	Free from drainage and/or have been evaluated by my doctor if needed	Released by my medical provider to return to school.
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If your child has strep throat or another bacterial infection, he/she should stay home until the antibiotic has been given for at least 24 hours and your health care provider has given permission for your child to return to school. We encourage you to seek medical attention when your child is sick and to follow your health care provider's recommendations about returning to school and other activities.

Wee Care Holiday/School Closure Dates 2025-2026

Monday, September 1<sup>st</sup>

Labor day

Monday, October 27<sup>th</sup>

Teacher Training Day

Tuesday, November 11<sup>th</sup>

Veteran's Day

Thur. Nov. 27<sup>th</sup> and Fri. Nov. 28<sup>th</sup>

Thanksgiving Break

Wed. Dec. 24<sup>th</sup> – Fri. Dec. 26<sup>th</sup>

Christmas Break

Wed. Dec. 31<sup>st</sup> - Fri. Jan. 2<sup>nd</sup>

Winter Break/New Year Holiday

Monday, January 19<sup>th</sup>

Martin Luther King Holiday

Monday, February 16<sup>th</sup>

President's Day

Mon. March 23<sup>d</sup> - Thur. March 26<sup>th</sup>

Spring Break

Friday, March 27<sup>th</sup>

Staff Trainings

Monday, May 25<sup>th</sup>

Memorial Day

Friday, June 19<sup>th</sup>

Juneteenth Holiday

Friday, July 3<sup>d</sup>

Independence Day Observed

Thur. Aug. 6<sup>th</sup> – Wed. Aug. 12<sup>th</sup>

Teacher Training/Oreintation

## **Attendance Policy/Drug alcohol policy**

**Parents are encouraged to have their children in attendance daily. We ask that children be in attendance no later than 9:30 am. If your child will be absent, please call and let us know. If you are going to be late, please call us BEFORE 9:30 am. Your child will not be admitted after 9:30 am unless prior arrangements have been made. We will call you if your child is not in attendance for the day.**

**If your child is out for more than 3 days, your child may not return to school unless they have a return to school statement from the doctor or you have an excused/extended absence request submitted to Easterseals.**

**If your child is chronically absent (having 3 or more unexcused days per month) your child may be dropped from the headstart program, and ultimately lose their slot here at Wee Care.**

**Drugs, tobacco, alcohol and firearms are not permitted on the premises and is strictly prohibited. If you or another designated pick up arrives to pick up your child and they are under the influence of drugs or alcohol, we will not allow the child to leave the care and safety of our center and the proper authorities will be called if the intoxicated designated pick up is insisting on removing a child while under the influence.**

## **SAFETY PLAN**

### **TRANSPORTATION**

Wee Care does not provide daily transportation for the children to and from the center. The parents will be responsible for their daily transportation. A licensed and insured school bus transportation company will be provided for trips and outings planned by Wee Care. School buses are checked for working safety belts and working emergency exit doors.

### **DROP OFF OF CHILDREN**

Parents or those designated by the parents to drop off the children shall do so in the facility and are required to sign their name and the time that they are brought in.

### **RELEASE OF CHILDREN**

The children will be released to the parents or only to those designated by the parents on the enrollment form, with proper identification.

### **EXCLUSION FOR ILLNESS**

If a child shows symptoms of illness or has a contagious illness, example: chicken pox, vomiting, diarrhea, etc. he/she will not be admitted. If during the day your child gets ill, the director will contact the parents or those persons on the emergency list to come to pick the child up. Please be prepared for such situations and make arrangements for such occurrences ahead of time. Keep work and emergency phone numbers current.

Children will not be readmitted to the center until symptoms are no longer present and the child has been free of symptoms for 24 hours. A physician's statement that your child is free of a communicable disease will be required. Please, parents, if your child is experiencing any symptoms of illness, **DO NOT BRING THEM TO THE CENTER.**

With any young child, minor accidents, bumps, scrapes, and scratches will occur. The staff will give appropriate first aid to a hurt child. Paramedics and a parent or guardian shall be contacted, if it is in the judgement of the director, that immediate medical attention is necessary. Any fees incurred will be the responsibility of the parent.

## **EMERGENCY PLAN**

### **EMERGENCY EVACUATION PLAN**

Children are evacuated from the facility through one of four exits. Once evacuated from the center everyone will move West toward the empty lot and stand along the adjacent building. In the event there is a fire and we are unable to return to the school, Horace Mann Elementary School is our back-up facility.

### **DRILL PROCEDURES**

A fire drill is performed on a monthly basis so that the children will be prepared in case of an emergency.

### **EMERGENCY MEDICAL TREATMENT**

The staff is trained in first aid and CPR. If a child needs to be seen by a doctor, a staff person will accompany him/her to the nearest hospital. The emergency medical release will accompany the child to insure immediate medical attention.

### **POISONING**

In case of poisoning, staff will call the poison control center and follow instruction given.

### **EMERGENCY NOTIFICATION OF PARENTS**

In case of an emergency the staff will refer to the child's records and phone the parents either at work or home. If the parents are unreachable, the alternate phone numbers will be called.

### **ADMINISTERING OF MEDICATION**

Wee Care and it's staff will administer medication, to your child, only in it's original container. A prescription bottle must have a label with the child's name, dosage and expiration date. Over the counter medication must have a readable label with dosage and expiration date. The parent must complete a consent form at the center before any medication can be administered.

# Inclement Weather Policy

When the weather is hazardous and deemed unsafe for staff and parents, Wee Care Nursery School will follow The Chicago Public Schools and The City Of Chicago shut down operations. If either of these city operations are closed, then Wee Care will be closed.

In the event that neither CPS or The City of Chicago has not closed their operations and Wee Care deems it unsafe to open, we will notify the families as early as possible of our intended closure along with a possible time frame for opening. We will do our best to notify you in a timely

manner, and keep you updated on our re-opening date. Thank You!!!!

**Wee Care Staff**

### **COMMUNICATION**

Wee Care has scheduled, throughout the year, teacher parent conferences. However, Wee Care has an open door policy that will allow parents the opportunity to speak with the teachers or director at anytime during our business hours.

### **PARENT PARTICIPATION**

Wee Care encourages parents to participate in school activities, volunteer and conferences that will be held at the center twice a year as well as planned field trips for the children. We also encourage parents to speak with your child's teacher on a regular basis.

### **PERSONAL INFORMATION**

Information about the child and their families will not be released to anyone, other than the person that enrolled the child.

### **USE OF PHOTOS, FILM OR VIDEO OF CHILDREN**

Photos, video or film taken of the children will remain the property of Wee Care and will not be used for profit or sell.

### **INSURANCE COVERAGE**

Wee Care carries liability insurance with a minimum of 300,000.00 Dollars. This insurance covers medical expenses, liable expenses and molestation if it occurred while your child is in the care of Wee Care and its staff.

## **TERMINATION OF ENROLLMENT**

Any child who, after attempts have been made to meet the child's individual needs, demonstrates inability to benefit from the type of care offered by Wee Care, or whose presence is detrimental to the group, shall be discharged from the facility.

## **PROCEDURE FOR TERMINATION OF ENROLLMENT**

Wee Care will first, use as a guideline our discipline policy and attempt to meet that individual child's needs. The director and the teacher will speak with the parents and work together to meet the child's needs. If after all attempts have been made to meet his/her needs have failed, his/her enrollment will be terminated.

## **GRIEVANCE PROCEDURES**

In the event that differences or difficulties do arise, please inform the director who will assess and address the situation. If at that time the situation cannot be resolved, you can request a special conference or individual meeting with the executive director.

*Denieke Purnell* is the person legally responsible for the program and the first person legally responsible for the daily conduct of the program. She can be reached at:

Wee Care Nursery School  
1845 East 79<sup>th</sup> Street  
Chicago, IL 60649  
773-221-4442

Explanation of late/no show pick up

In the event that you are late picking up your child, a late fee will be assessed. Pick up time for your child is determined by your work or school schedule. Those children that are allowed to remain until 5 pm must be picked up by 5pm. If you are going to be late, please call ahead of your scheduled pick- up time to inform us that you will be late. If you do not call to inform us that you will be late or that someone else will be picking up your child and they will be late, we will give you, the parent a call to ascertain a time frame in which you'll be picking up your child. If we cannot reach you, then the following steps will take place;

1. We will make every attempt to reach someone on your pick-up list to inform them that your child has not been picked up at the designated time.
2. We will attempt to reach you or a designated pick-up every 10 minutes for the next 60 minutes.
3. If we have not reached you or anyone on the designated pick-up list within the hour, we are obligated to inform the police. Children will be taken to the district police station (71<sup>st</sup> and South Chicago Ave). Staff will wait with your child until DCFS arrives who will then take custody of the child/children.

We have had to resort to taking a child to the district police station only once in our 29 years of service and DO NOT want to EVER have to do that again. Please make sure that you have someone available to pick your child up from school in the event you cannot make it to pick up on time.

I \_\_\_\_\_ have received this written notice about policy and procedures regarding no show pick up.

**WEE CARE NURSERY SCHOOL AND KINDERGARTEN, INC.  
1845 EAST 79<sup>TH</sup> STREET  
CHICAGO, IL 60649**

**PHILOSOPHY**

**Wee Care Nursery School And Kindergarten's educational curriculum has been designed based on the following concepts.**

**We believe young children will learn most easily when the curriculum and activities are developmentally appropriate. Developmentally appropriate means that the learning activities planned for the children are matched with their biological and maturational age, their individual abilities and interests.**

**We believe that young children learn most easily, when they are involved in real-life experiences. Children learn best by doing for themselves and this can be accomplished by involving children in daily activities utilizing a rich array of concrete objects and opportunities.**

**We believe that children learn best when the program is well-balanced-meeting both educational and recreational needs of the children involved.**

**We believe that children learn best when there is a bond between home and school. The child senses satisfaction and security when there is a confident, friendly working relationship between parents and the school.**

**We believe the most valuable lesson a child can learn during their early years is that learning is fun, interesting and rewarding.**

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**Therefore, every aspect of our day is planned to encourage each child to Experience success, to develop a positive self-image and to help each one develop the social, emotional, physical, creative and intellectual aspects Of their personalities.**

**In order to gather meaning from the world, children must have many satisfying, sensory motor experiences, (they must touch, feel, smell, hear And see). Perceptual development follows. This is how children interpret their sensory experiences, which is a prerequisite for developing their minds.**

**The policies and procedures of Wee Care Nursery School And Kindergarten were developed with careful consideration of you and your child. You are, therefore, encouraged to discuss with us any or all parts of our policies at any time.**

**The program we pursue is geared toward helping children develop habits of observation, questioning and listening. They learn that they are free to make choices and that as long as they stay within the limits of consideration for people and things, they do not always have to conform. An open ended program like ours prepares children to utilize their intellectual and creative abilities to future learning tasks.**

**We are dedicated to the developmentally appropriate activities that promote physical, social, emotional and intellectual growth. The program that we pursue here is geared toward helping the whole child develop. The child is continuously challenged by specific learning goals that we have set for him.**

**We must work together to help your child develop his/her full potential.**

**It is our policy to:**

- 1. Create conditions that are essential to the orderly progression of the class and the school.**
- 2. Develop desirable social attitudes and behavior.**
- 3. Instill the fundamental lessons of self-control.**
- 4. Prepare the child for effective participation in life's situations.**

# OUR PROGRAM

## ATMOSPHERE

Throughout the day, the pace is relaxed and informal. The children are treated with dignity and their feelings are respected by the caring, supportive staff. Teachers work with children to help them figure out their own solutions to problems, and to develop skills that will enrich their lives. The goals are to continue a child's desire to learn and to provide time for children to enjoy each other.

## DRESS GUIDELINES

Children should wear comfortable, washable play clothes in which they are allowed to get dirty. Many learning activities are messy activities, and children should not be afraid to participate for fear of getting dirty.

Each child must have an extra change of clothing, including underwear, that is kept in his/her locker for accidents/emergencies. Should your child have to wear clothes home belonging to the school, please wash and return them as soon as possible.

Your child will be given assistance with personal care as needed.

Please label all clothing with your child's name or initials. The center cannot be responsible for unmarked clothing.

Expensive jewelry should not be worn to school, we will not be held responsible for lost or broken jewelry.

Children must wear shoes. Rubber soled shoes are best for running and climbing. Flip-flops, sandals or boots should not be worn in school.

### **ATTENDANCE POLICY**

Parents are encouraged to have their children in attendance on a daily basis. We ask that children be in attendance by 9:00am, and if they are going to be absent, that the parents call to inform us. There is no drop in tuition for absent days.

Your child will not be admitted after 9:30am, unless prior arrangements have been made.

### **DELINQUENT FEES**

As mentioned before, there is a late fee for tuition not paid on time. However, if those fees are not paid on a timely manner and they become delinquent, it will be at the discretion of the director as to whether to allow your child to continue attending or to request that all past due tuition be paid before your child can return.

### **NUTRITION**

The center provides a breakfast, a hot lunch, and an afternoon snack. All meals are prepared on the premises by a certified food service sanitation nutritionist.

### **TOBACCO USE**

Tobacco use, in any form is prohibited in the child care center or in the presence of children by everyone including parents.

### **CONTROLLED SUBSTANCES**

The use of alcohol, drugs and any controlled substance by staff or parents is strictly prohibited in the child care center at all times.

### **CHILD ABUSE**

Any evidence of child abuse must be reported to authorities as required by the abuse and neglect reporting act. Every staff member, upon employment, has signed a mandated reporter statement which requires that they, being employed in a child care facility, are required under law to report any evidence of child abuse to the appropriate authorities.

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## Safe Sleep Policy

All child care providers at [ *Wee Care* ] will follow safe sleep recommendations for infants to reduce the risk of Sudden Infant Death Syndrome (SIDS), other sleep-related infant death, and the spread of contagious diseases:

1. Infants will always be put to sleep on their backs until 1 year of age.
2. Infants will be placed on a firm mattress, with a fitted crib sheet, in a crib that meets the Consumer Product Safety Commission safety standards.
3. No toys, mobiles, soft objects, stuffed animals, pillows, bumper pads, blankets, positioning devices or extra bedding will be in the crib or draped over the side of the crib.
4. Sleeping areas will be ventilated and at a temperature that is comfortable for a lightly clothed adult. Infants will not be dressed in more than one extra layer than an adult.
5. If additional warmth is needed, a one-piece blanket sleeper or sleep sack may be used. No weighted blankets, sleepers, or swaddles will be used.
6. The infant's head will remain uncovered for sleep. Bibs, hats, and hoods will be removed.
7. Infants will be actively observed by sight and sound.
8. Infants will not be allowed to sleep on a sofa/couch, chair cushion, bed, pillow, or in a car seat, stroller, swing, or bouncy chair. If an infant falls asleep anyplace other than a crib, the infant will be moved to a crib right away.
9. An infant who arrives asleep in a car seat will be moved to a crib.
10. Infants will not share cribs, and cribs will be spaced 3 feet apart.
11. Infants may be offered a pacifier for sleep, if provided by the parent.
12. Pacifiers will not be attached by a string to the infant's clothing and will not be reinserted if they fall out after the infant is asleep.
13. When able to roll back and forth from back to front, the infant will put to sleep on his back and allowed to assume a preferred sleep position.
14. Alternate sleep positions due to illness or disability must have written instructions, signed by a physician, detailing an alternative safe sleep position and/or special sleeping arrangements for the infant.
15. Our child care program is a smoke-free environment.
16. Our child care program supports breastfeeding.
17. Awake infants will have supervised "Tummy Time."

*Adapted from:* California Child Care Health Program. (2017). *Safe Sleep Policy for Infants in Child Care Programs*: <https://cchp.ucsf.edu/>.

### References & Resources

American Academy of Pediatrics Policy Statement. Sleep-Related Infant Deaths: Updated 2022 Recommendations for Reducing Infant Deaths in the Sleep Environment. The Taskforce on Sudden Infant Death Syndrome. *Pediatrics*, 150(1).

NIH Eunice Kennedy Shriver National Institute of Child Health & Human Development. (2022). US DHHS: <https://safetosleep.nichd.nih.gov/>.

US Consumer Product Safety Commission. *Safe Cribs and Infant Products*: <https://www.cpsc.gov/SafeSleep>.

*\*This policy reflects safe sleep research and AAP policy recommendations as of April 1, 2023.*

## Wee Care Nursery School And Kindergarten

### Supervision Policy

We realize the importance of proper supervision for young children. Because we will, at times, give individual attention to children, we want to be sure that we are supervising other children in our group by sight and sound at all times. We can accomplish this by properly positioning ourselves in the classroom.

When children are sleeping, we will have visual supervision as well as video cameras to enhance our supervision.

#### Toddlers and Two year olds -

Our toddler and two year olds are to be supervised by sight at all times, including while they are sleeping. Teachers are to position themselves so that they can hear and see any sleeping children, especially when engaged with children who are awake.

#### Preschool and Kindergarten children -

Preschool and Kindergarten children are supervised primarily by sight. For short periods of time, supervision by sound is permissible as long as teachers frequently check on children who are out of sight. (example: children who can use the bathroom independently, the library area or who are napping.

#### Kindergarten children

Teaching staff of our kindergarten classroom can allow these children to be out of the teacher's sight and sound supervision for a short period of time, if they are are doing safe tasks in a safe environment.

## Prevent Child Abuse America

200 South Michigan Avenue  
17th Floor  
Chicago, Illinois 60604-2404  
312.663.3520 tel  
312.939.8962 fax  
www.preventchildabuse.org

### Ten Ways to Help Prevent Child Abuse

- ❖ **Be a nurturing parent.**  
*Children need to know that they are special, loved and capable of following their dreams.*
- ❖ **Help a friend, neighbor or relative.**  
*Being a parent isn't easy. Offer a helping hand - take care of the children... so the parent(s) can rest or spend time together.*
- ❖ **Help yourself.**  
*When the big and little problems of your everyday life pile up to the point you feel overwhelmed and out of control - take time out. Don't take it out on your kid.*
- ❖ **If your baby cries...**  
*It can be frustrating to hear your baby cry. Learn what to do if your baby won't stop crying. Never shake a baby - shaking a child may result in severe injury or death.*
- ❖ **Get involved.**  
*Ask your community leaders, clergy, library and schools to develop services to meet the needs of healthy children and families.*
- ❖ **Help to develop parenting resources at your local library.**
- ❖ **Promote programs in school.**  
*Teaching children, parents and teachers prevention strategies can help to keep children safe.*
- ❖ **Monitor your child's television and video viewing.**  
*Watching violent films and TV programs can harm young children.*
- ❖ **Volunteer at a local child abuse prevention program.**  
*For information about volunteer opportunities, call 1.800.CHILDREN.*
- ❖ **Report suspected abuse or neglect.**  
*If you have reason to believe a child has been or may be harmed, call your local department of children and family services or you local police department.*